

# Mental health support for Brown University employees

BCBSRI, Brown University, and Headway are offering behavioral health services for employees impacted by the recent tragedy at Brown University.

Headway makes taking the first step easier, with thousands of available in-network therapists and psychiatric providers a click away.

**Member co-share responsibility** is determined by your specific medical plan and will be the same as the co-share for an in-person behavioral health office visit. Please see below for how services are covered under each plan.



## SIGNIFICANT SUPPORT AVAILABLE WITHIN RHODE ISLAND

165+

licensed Headway therapists and psychiatric providers

140+

appointments available in the next 48 hours

1,300+

appointments available in the next 2 weeks

45%

of Headway providers identify as BIPOC

70%

of Headway providers treat trauma-related symptoms

## CARE THAT MEETS YOU WHERE YOU ARE



### Virtual or in person

Help is always within reach, wherever you prefer to meet.



### Available whenever you are

Find openings in as soon as two days, even mornings, evenings, and weekends.



### Get transparent in-network care

Filter for providers who are in-network with your insurance plan, and see your estimated costs before you book an appointment.



### Find a therapist who gets you

Search by ethnicity, gender, speciality, and treatment approach.

## BOOK IN-NETWORK CARE IN MINUTES

### Call our dedicated phone line

- 1 Call +1 (984) 384-6898  
8am – 8pm, Monday – Friday
- 2 Connect with a trained Care Advocate for personalized end-to-end assistance with finding a provider
- 3 Add your insurance details and choose an appointment slot that works for you

### Scan the QR code

- 1 Scan the QR code or visit [care.headway.co/coverage/Brown](https://care.headway.co/coverage/Brown)
- 2 Search providers by language, speciality, and more
- 3 Add your insurance details and choose an appointment slot that works for you



### Member co-share responsibility, Brown University employees:

**Premier plan:** \$20 co-pay per visit\*  
**Core plan:** \$25 co-pay per visit\*  
**CDHP Plan:** 10% per visit after deductible

\*Co-pay is the same for both union and non-union employees. This is not a contract. For details about your coverage, please refer to your benefit booklet or call the number located on the back of your ID card.

If you feel at risk of acting on thoughts of harm to yourself or others, you should seek immediate crisis support.

The 988 Lifeline is a free, confidential service available 24/7. You can call 988, text 988, or visit [988.lifeline.org](https://988.lifeline.org) to connect with a trained crisis counselor for immediate support.

**Disclaimer:** Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.

Headway is an independent company contracted by Blue Cross & Blue Shield of Rhode Island to provide mental health support services.