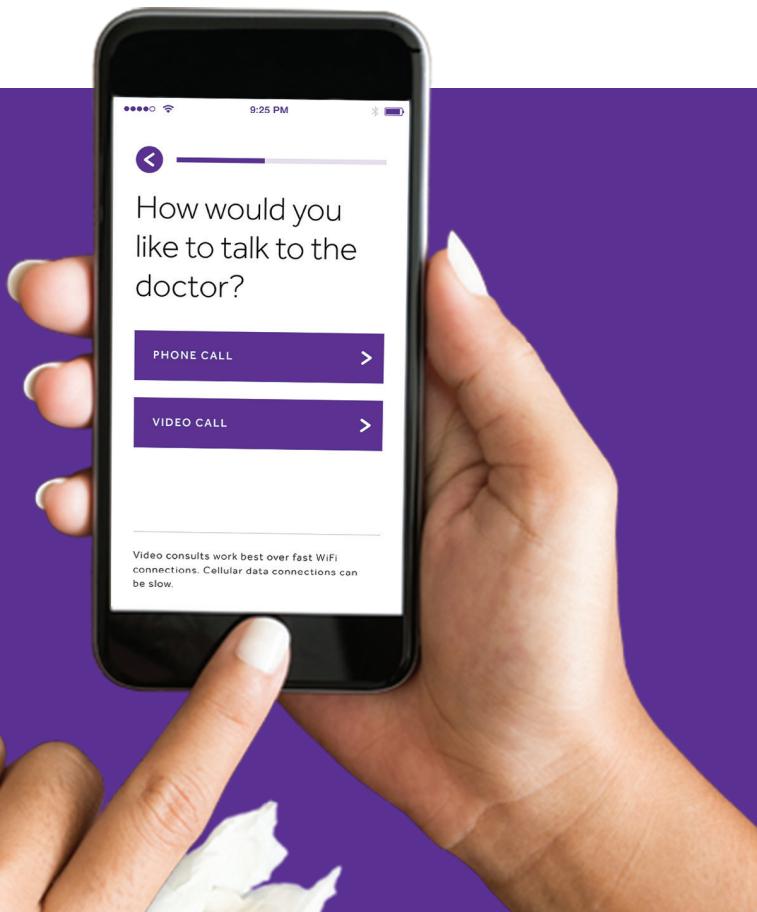


Did you know?

Any time you need
a doctor's care,
**you've got
Teladoc® Health.**



24/7/365 care

Get convenient care for cold and flu, allergies, rash, and much more.



Licensed doctors

U.S. board-certified doctors average 20 years of experience.



In minutes

Connect with a doctor by phone or video.



Get a diagnosis

Our doctors recommend treatment and prescribe medication (when medically necessary).

Register for Teladoc Health now!

1. Complete your Teladoc Health registration at the My Health Toolkit® site listed on your member ID card.
2. Log in to your My Health Toolkit account.
3. Select Providers & Services, then Telehealth.

From the My Health Toolkit app, select Find Care, then Teladoc Health.



Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association. Teladoc Health is an independent company that provides telehealth services on behalf of your health plan.